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Safety Third Presents:

Kink 101

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An introduction to alternative forms of adult play.

Version: DRAFT 1.0

AGENDA(ish)

- Disclaimer
- Introductions
- Terminology Review
- What is Kink?
- Break (5-15 minutes)
- Types of Play
- Play Party Expectations
- Play Party Etiquette
- Best Practices
- Q & A

DISCLAIMER

This presentation discusses kink as a form of consensual adult play. All content is intended for adults (age 18+) only.

All activities discussed emphasize informed consent, communication, and personal boundaries. Participation in or interest in kink is a personal choice; no experience or endorsement is assumed.

All information is presented is general in nature and intended for educational discussion. It is not a substitute for legal, medical, or professional guidance. Participants are responsible for understanding and complying with applicable laws, safety practices, and personal boundaries. The presenter assumes no responsibility for individual actions or outcomes

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INTRODUCTIONS

WHO THE FUCK IS BANJO FOX!?

- FetLife Member since 2008
- Dungeon Monitor since 2022
- Service-Type Kinkster
- Educator Always
- Toy Maker
- Founder of the Safety Third Organization

Outside of Kink?

- IT Security Professional
- Open-Source, and Privacy Enthusiast
- DIY Guy

WHAT IN THE CORNBREAD HELL IS SAFETY THIRD?!?!



As a philosophy*

"Safety Third is a philosophy that makes allowances for risky behavior and also encourages individuals to be responsible for their own safety."
- Banjo Fox

As an organization

Safety Third (the organization) aims to be a resource to provide free, and open-source educational materials for the kink community.

*Based on the original concept by Mike Rowe (as from Dirty Jobs)

WHY SAFETY THIRD?

From the man himself:

"...Safety is not a thing to be "ranked," but rather, a state of mind, to be applied as needed to a myriad of situations in varying amounts. But if we were to rank it, it would rarely be "first." Were safety truly "first," no level of risk would ever be encouraged or permitted, and no work would ever get done. Or play for that matter." - Mike Rowe

Mike Rowe (2020) - Walk me through this "Safety Third" thing
https://mikerowe.com/2020/03/walk-me-through-this-safety-third-thing/

Terminology Review

KINK: DEFINED BROADLY

Definitions so that we can talk in the same language.

(Modern) Kink - A broad range of activities in which one or more participants engage in activities that are typically considered "*non-normative*".

Munch - A gathering at a *public* space, often a bar/restaurant, that allows individuals to participate in casual conversation, and meet others.

Dungeon/Playspace - Synonymous terms for a physical space where individuals are able to partake in kinky activities.

Play - The act of partaking in a kinky activity.

KINK: DEFINED IN MORE DETAILS

... and in slightly more detail.

Roles - A loosely-defined part taken on by individuals in particular social-settings.

Negotiation - Mutual discussion about the terms of a particular scene in which the participants establish rules, boundaries, and share expectations.

Consent - Agreement between parties regarding a negotiated set of boundaries.

Scene - A period of time in which one or more participants engage in a kinky activity.

Aftercare - The time after a scene which participants in the scene use to recover from the activity.



What is Kink?

(But first...)

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THE SCARY DOOR



Image by Oleg Gapeenko (Vecteezy)

BEHIND THE SCARY DOOR

THE ONE TWU WAY

Image by Oleg Gapeenko (Vecteezy)

HERE BE DRAGONS (Explaining the Scary Door)

Two takes on “The one true way”

- RED FLAG (probably)
  - Folks that are “old guard”
  - Stuck in their ways
  - Not inherently unsafe, but probably not what you are looking for

- Adopt, adapt, and improve
  - Change the definition to: “The one true way to do kink is to make it my own.”
  - Individualized, personal, flexible
  - Leaves room for improvement

WHAT IS KINK...REALLY?

Community

- Socializing with like-minded folk
- Education/skill-sharing

Lifestyle

- Some people just want to live it 24/7
- Form of structure

Personal Expression

- Fetish wear
- Gender affirming outfits

Hobby or Profession

- Toy making
- Professional services

Mental Health

- A means of “escape” (eg. “subspace”)
- Resolving Trauma

Physical Therapy

- Fire Cupping
- Electro-stim

WHAT IS KINK (cont.)



In practice:

Kink is what *you,* as a participant, make of it.

(With a couple of strict rules)

THE UNIVERSAL* RULES OF KINK



- CONSENT IS MANDATORY
  - No exceptions
  - Violating consent will get you blacklisted *fast*
- Kink is NOT always sexual
  - It is also not always romantic, or pretty
- Kink is *more* than just BDSM
  - **B**ondage, **D**omination, and **S**ado-**M**asochism are merely four possibilities out of countless others.

*At least within the United States



BREAK TIME

(...finally)

Types of Play

TYPES OF PLAY (Non-Exhaustive)

COMMON | POPULAR

- **IMPACT**
  - Floggers, whips
  - Paddles, Spanking
- **BONDAGE**
  - General Restraints
  - Rope | Shibari (Rope as art)
- **ROLEPLAY (various)**
  - Age
  - Animal
- **POWER EXCHANGE**
  - Dominant/submissive
  - Caregiver/Little

ADVANCED | HIGH-RISK

- **CBT (Cock-and-Ball Torture)**
- **ELECTRO**
- EMOTIONAL POWER EXCHANGE
  - Degradation / Humiliation
- **FIRE**
  - Cell Popping | Branding
- **MEDICAL**
  - Needles | Piercing
  - Blood
- **SUSPENSION**
  - Rope

TABOO KINKS

- BREATH PLAY
  - General restriction of breath, or airways
  - Considered Very-High Risk
- CNC - Consensual Non-Consent
  - Requires a *lot* of *specific* negotiation
  - May cause panic amongst witnesses
- BODILY FLUIDS (Not-Blood)
  - Scat | Watersports
  - Generally unsanitary, and spaces are not equipped for this.
- INTOXICATION
  - Alcohol, marijuana, all other drugs
  - Broadly banned in play spaces. Intoxicated individuals cannot consent.

Play Party Expectations

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WHAT TO EXPECT AT A PLAY SPACE

- Paperwork (First Time)
  - Waiver forms
  - Rules of the space, often common sense
- Tour of the space (First time)
  - As it says on the tin
- Storage area for personal items
  - Sometimes doubles as changing space
- Dedicated Social and Play Areas
  - Distinct spaces for talking, and kink activities
- Hygiene Stations
  - “Chucks”, Cleaning wipes, etc.
  - Some spaces also provide bottled water
- **GOOD** spaces have a safety crew
  - Dungeon Monitor(s)
  - Medical Staff
- Shared “House” equipment
  - Benches, crosses, maybe some toys, or restraints
- Naked individuals (often)
  - Some play spaces require underwear at all times
- Loud Music
  - At least in the play areas

WHAT TO EXPECT IN THE DUNGEON

Scenes, and the things you will see, and hear.

- Pain, and Pain Accessories
  - All manner of toys, and implements of kink
  - More emotions than you can shake a stick at
- Blood, Bruises, Laughter
  - Most impact scenes leave marks or break the skin
  - Laughter is more common than you might think
- People watching (quietly)
  - *Public* (in the open) scenes are look but don't touch



Play Party Etiquette

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PARTY ETIQUETTE - GENERALIZED

- **FOLLOW THE HOUSE RULES**
  - **All rules set by the space override anything written here**
- **No Devices Allowed!**
  - **No cellphones, no cameras, no recording devices are allowed**
  - **A lot of spaces have designated photographers.**
- Zero tolerance policies (No Alcohol, Drugs)
  - Places that are generally considered safe for play have zero tolerance policies for drugs, and alcohol.
- Keep food, and drink to the designated areas
  - Drinks with sealed containers may be
- The “Grandma Rule”
  - While outside of the space, dress like you would if you were visiting Grandma
- Looking is okay, but touching is not
  - Folks in all manner of undress are expecting others to look. This does not constitute an invitation for anything else.
- Respectful Commentary
  - Not everyone wants to be called “hot”
- If you see something, say something
  - If something feels “off”, please inform a member of the party staff.

PARTY ETIQUETTE - IN THE PLAY AREAS

- Keep chit-chat to a *minimum*
  - A lot of scenes require the participants to focus. Talking is disruptive.
- Pay attention to our surroundings!
  - Gear on the floor
  - Swinging implements
  - Individuals trying to watch a scene
- Keep pathways clear!
  - You, and your stuff should be out of the way
- Voyeurism is Expected
  - Scenes in open spaces are open to folks watching quietly
  - Keep a respectful distance as the space allows
- Borrowing | Using House Equipment
  - Follow rules as provided
  - Use “chucks”, towels, blankets where bare skin might touch
  - Clean up, and wipe down the equipment afterwards
- Be mindful of the time
  - Other people will want to use a given space or piece of equipment. Do your scene, and move on.
- The Aftercare Space
  - Aftercare rooms are places for folks to cool down after a scene
  - Not a place to have sex
  - Semi-private, leave them be



Best Practices

BEST PRACTICES (Generalized)

- Go to Munches
  - Arguably the *best* way to meet folks
  - More room for real conversation, and connections
- Don’t rush into anything
  - You absolutely do not need to be in a dynamic to enjoy kink!
- Keep Educating Yourself
  - Classes and other learning activities are usually easy to find
  - May discover new things
- Adapt, Adopt, Improve
  - Play is different for everyone.
  - Don’t let someone’s style define you.
- Understand the risks
  - All kink has associated risks
  - Knowing what could happen will help lessen the chance that it does
- Know yourself, Know your limits
  - You are the expert of your needs and limits



THE ULTIMATE BEST PRACTICE

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SAY IT WITH ME



COMMUNICATE!

COMMUNICATE!

COMMUNICATE!

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Q & A